The World Federation of KSIMC Generational Plan Background

Our community has transformed irreversibly with the needs, challenges and anxieties of our forefathers being of a very different kind. However, in today's 21st Century, it is important to point out that the modern society has brought with it a multiplicity of challenges that we can only ignore at our peril. So *how will our Khoja Shia Ithna Asheri Community survive in the 21st century and beyond*?

For us to survive, we must build upon the good work and thinking of the Strategic Plan which began in 2003 and indeed create a plan for the next 20 years - '**A Generational Plan**.' For The World Federation to do this, a full survey (or indeed census) of our community is needed. A detailed global survey will help us understand the make-up of our community: its health, prosperity, spiritual needs and social problems.

Simply put, this **'Generational Plan'** is one which need to help us understand our context and to adapt for the future. It will help our institutions make long term commitments and agree on a common direction forward in many areas.

We at The World Federation fervently believe that our institutions must be focused, unified in their approach and clear on the direction of the community. We cannot do this without fully understanding the community's needs and current context globally and thoroughly. However, once this has been done thoroughly, we mustn't be ashamed of creating long-term programs that will help bring our community forward.

We have therefore brought in a team at The World Federation (a mix of youthful volunteers and experienced community workers) that will first focus on creating a survey/census for our community. We will need the support of The Regional Federations and Jamaats in order to gain as many answers from our community members.

The more data we will receive, the more accurate the global survey/census will be. Not only will a full questionnaire be needed but qualitative data (by gathering a sample of interviews from community members will also be required). Our leadership must be made aware of this historic and mammoth task. Not only will financial resources be needed, but a full cadre of volunteers across The World Federation and the Regional Federations.

From this data collection exercise, we will ask the next Conference to create a team to assess and analyse the data to create a 'Generation Plan' for our institutions for the next 20 years. I fervently believe that our institutions must be focused, unified in their approach and clear on the direction of the community. We cannot do this without fully understanding the community's needs and current context globally and thoroughly. However, once this has been done thoroughly, we mustn't be ashamed of creating long-term programs that will help bring our community forward.

Even though, a Change of committee I.E: if some members were to leave and new ones were to join, in no way would the result of a change in committee change the policies or strategy set out for the generational plan.

Scope of Work

A pre-requisite for an effective Generational Plan would be to collect qualitative and quantitative data from the worldwide community membership. This is critical for any planning to materialize. Information on the size, distribution and characteristics of a community's population is essential for describing and assessing a community's economic, social and demographic circumstances and for developing sound policies and programs [in such fields as education (Islamic and Secular), employment and manpower, business, family planning, housing, health, welfare, social, marriage etc] aimed at fostering the welfare of our world-wide community.

Hence, the World Federation requires its worldwide member communities ("Jamaat") to carry out a comprehensive qualitative and quantitative census of their individual community in order to collect this data. This census would then be a starting point for the **Generational Plan** exercise.

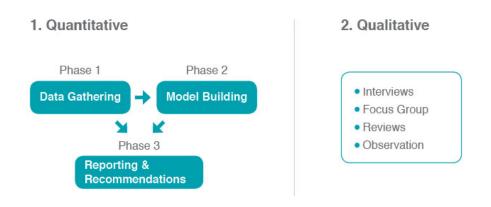
This report sets out the requirements of such a census and proposes 2 methodology namely quantitative and qualitative analysis, which are as follows:

Quantitative Analysis & Quantitative Analysis

While quantitative research can tell you when, where, and how often things happen, qualitative research looks at the "why" and "how". Qualitative research produces observations, notes, and descriptions of behavior and motivation and has less emphasis on counting numbers of people

who think or behave in certain ways and instead emphasizes on explaining why people think and behave in certain ways.

Additionally, qualitative research involves a smaller number of respondents and utilizes openended questionnaires or protocols.



1. Quantitative Analysis

We are recommending that the WF and Regional Bodies work jointly on this project. Regions would be primarily responsible for ensuring the necessary and relevant data is collated and provided to the WF in a consistent format that can be readily analysed. The WF in return would organise regional training on the data requirements in the form of workshops. We therefore propose the work be carried out in three phases described below.

The proposed methodology is extremely dependent on the extent, credibility and quality of quantitative data available. We would discuss any necessary amendments to the proposed methodology, and its potential impact on the results of our study, with the WF and Regions once data and information is provided.

To date, a number of Jamaat have carried out various census that has significantly varied in their style, focus and content from one Jamaat to another. For example, Dar-es-Salaam Jamaat has carried out a mini-census whereas Karachi Jamaat has carried out an extended census.

The WF needs to engage with member communities to define the extent of census that is practically feasible and consistent across the globe. Appendix A provides sample data including the census form that was designed by the Karachi Jamaat.



The conduct of a census is a massive operation. Consequently, despite all the meticulous preparations, there is always some degree of error. Two main types of errors usually occur which are coverage errors and/or content errors. The methods differ widely with regard to data requirements, the level of technical sophistication and the quality of the results.

The WF methodology should rely on the simplest approach bearing in mind that the WF would be carrying out this exercise for the first time ever

Phase 1: Data Gathering

The first phase of the proposed census would relate to information gathering and validation. The teams at both the regional and local jamaat level would need to be identified and trained in data collection. The WF would send a trainer to each of the regions to provide a one day workshop to train the field workers and members of the Region/Jamaat responsible for collating the relevant data.

Prior to the workshop, the WF would discuss with the individual Regions the sample data request specification provided in Appendix A. This would be done in order to determine any potential or known issues that may arise in using the sample data request in order to gather the data.

Our proposal assumes that the respective regions would be responsible for:

- Collecting the data to a central point from local jamaat, from the expected multitude of sources. For ease and efficiency, it is anticipated that we would engage with a single central point of contact within the Region for data collection purposes.
- Providing all data in English
- Collating and combining the data (especially quantitative data) into a consistent format across all data sources in line with a field specification that the WF would provide.
- Cleaning the data as far as practically possible, e.g. ensuring consistent formats within each field (especially items such as dates and member IDs), correcting material data (input) errors, etc.
- Compiling the data into a suitable electronic format and compressing this into as few files as practically possible, with each particular type of data combined into a single database.
- Providing all data and information in a timely fashion that would leave sufficient time to complete the remaining phases within the agreed project deadline.



Phase 2: Model Building & Analysis

This phase of the census consists of building a core Microsoft Excel-based model and calibrating and populating it with the data received in Phase 1.

A census-based model that projects the expected future population over the next 5 years would be ideal because subject to the data collected, the model should be segmented as:







The demographic projections would allow for the addition of new members over the projection period, as well as those exiting through death or for other reasons.

This population model will also be used to project expected future population of the Khoja Shia communities world-wide so as to plan accordingly.

Phase 3: Reporting & Recommendations

In this phase, the WF would prepare the best estimate projections of the underlying demographic trend within the Khoja Community.

The results of the census would then be used by the World Federations **Generation Plan** Team to come up with a robust plan that covers the following areas:

- Economic Development including housing employment, business
- Spiritual
- Health/Medical
- Education Secular and Islamic
- Social /Marriage

- Pensioners/Old Age planning
- Others

2. Qualitative Analysis - How is Qualitative Research Conducted?

To ensure that quantitative and qualitative surveys are carried out in their regions at every jamaat with partnership with the generational plan team members/coordinator. The role of the regions is nothing different than what this paper outlines as it makes them part and parcel of the



generational plan represented in the team. Hence there are several methods that one uses to collect qualitative data which are:

- 1. Interviews
 - **a.** Either a series of structured open-ended questions, or allowing a subject to narrate their experience
 - **b.** Usually provide rich data, details, insights from program participants and stakeholders about their experiences, behaviors and opinions
 - c. Particularly useful for complex or sensitive subjects
- **2.** Focus groups:
 - a. Soliciting observations from groups of people who share a similar attribute (for example, a group of women over 40) to give opinions on a topic; ideally women who do not know each other, respond to questions from a group facilitator
 - b. Use group dynamics to generate data and insights
 - **c.** Useful for generating ideas and strategies, defining problems in project implementation, assist with interpreting quantitative findings
 - **d.** Open-ended questions or topics designed to stimulate discussion; topics usually broader than interview questions
- 3. Reviews:
 - **a.** combing through scholarly literature or other published writings to determine attitudes towards a subject
- 4. Observation:
 - **a.** Researchers watch people on their daily routine and make notes or recordings documenting their behavior
 - **b.** Used to better understand behaviors, their social context and meanings attached to them
 - c. Useful for certain populations children, infants
 - d. Can identify unanticipated outcomes

Application of Qualitative Research to the WF Generational Plan

The four methodologies described above are methods the WF can use to conduct qualitative research across the globe. As the issue of statistical significance is not as relevant to qualitative research, it is more important to get a variety of different views rather than a large number of

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responses. Therefore, one approach would be to divide the community into different segments (by age and gender) and apply the four methodologies to each of the groups. For example the different age brackets could be youth (10-15), young adult (16-25), adult (25-40), older adult (41-60) and senior (60+). Adding gender to each of these 5 brackets means there will be 10 different demographics we would be tracking. Each of these demographic groups would be subject to interviews, focus groups, and observation by the WF team in each city.

Additionally, a separate team could comb through literature (not specific to our community) on each of these demographics to identify applicable trends.

The attached questionnaire titled appendix 2 is the first step in identifying the types of questions what should be answered in the various forms of qualitative research [note: the demographic related questions would not be asked since the person's/group's demographic background will already be known.]

Data Requirements

The more data that is collected, the better it will be for future planning. However, since the WF is proposing to carry out such a census for the first time, a balance between the requirements for data collection versus the reality on the ground needs to be looked into as to what is practically possible to capture within communal constraints.

This appendix defines the 'minimal' requirements to get any meaningful analysis as well as 'ideal' requirements:

A. Minimal Requirements

In summary, the minimal data that would need to be collected in order to be useful for any future planning would need to encompass the following four broad categories:

- 1. Personal Data: Name/Address/ Age/Gender/ Blood Group etc
- 2. Family Data Children & Ages/ Schooling/College/Level of Education
- Educational Data Level of Education Attained (BA, MA, Hawza etc), Employed/Self-Employed/Occupation/Position/
- 4. Financial Data Income, Assets, Liabilities, Expenses etc.

This would be collated through the following information:

- 1. A count of the number of members and dependents split by relevant member category (i.e. contributing members, non-members, dependents split by age, gender and jamaat and regions).
- 2. Number of deaths through the death registrar over the past 10 years.
- 3. Number of births through the registrar over the past 10 years
- 4. Membership data, with as much of the following information as possible:
 - a.Member/Dependentd.Age and Gender ofidentifier (no names,
addresses, state)member/spouse/dependents (each captured
 - b. Jamaat Membership number/ identifier
- separately)
- e. Occupation

- g. Salary/Income
- h. Expenditures (including khums payments)
- i. Assets
- j. Liabilities
- c. Date of Membership f. Education Level

B. Ideal Requirements

More extensive data would allow more comprehensive analysis and planning and would ideally cover the following areas:

- Age and Gender
- Ancestry (Gujrat, Cutch, Karachi, Bombay etc)
- Births
- Deaths
- Disability
- Education Secular & Religious
- Expenses (including khums collections, other dues)
- Families and Living arrangements
- Fertility
- Geographical Mobility/Migration
- Health

- Housing
- Income
- Industry and Occupation
- Language Use (native Gujrati, Urdu, English, others)
- Marriage and Divorce
- Population Estimates (planning for match-making etc)
- Population Projections (future demographics)
- Poverty (welfare)
- Veterans/Old People
- Wealth and Asset Ownership
- Well-Being

Census Team

We hereby propose that the conference appoint an overall head to lead this team as well as 2 lead members per region and 1 lead member per associate member of the WF.

TIME LINE

Key Deliverables:

Quantitative Analysis

Phase 1: Data Gathering [1 Year]

- 1. Identifying individuals at both the regional and local jamaat level
- 2. These individuals need to be trained in data collection.
- 3. information gathering and validation
- 4. WF to discuss with the individual Regions the sample data in Appendix A.
- 5. WF sends a trainer to each of the regions to provide a one day workshop

Phase 2: Model Building & Analysis [6 Months]

- 1. Building a core Microsoft Excel-based model
- 2. A census-based model that projects the expected future population over the next 5 years
- 3. The model should be segmented as: By age/gender, By region, By town

Phase 3: Reporting & Recommendations [6 Months]

- 1. Prepare projections of the underlying demographic trend within the Khoja Community.
- Generation Plan Team to come up with a robust plan that covers: Economic Development – including housing employment, business, Education – Secular and Islamic, Social /Marriage, Spiritual, Health/Medical, Pensioners/Old Age planning

B. Qualitative Analysis: [6 Months]

- 1. Interviews
- 2. Focus groups
- 3. Reviews
- 4. Observation

APPENDIX 1

Sample of Data – Karachi Jamaat

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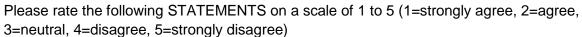
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56) For Vehicle	Bank		y Other Source:	
57) For Personal Need			y Other Source:	
(8) Purpose of Personal L	oan Wedding Medica	al Small Business Education	Any Other Source:	
59) No. of Owned Vehicles	Motor Cycle	Car / Van Coaster	Any Other:	
Academic Educatio	anal Background			
Qualification	Name of Institution	Major	Achievement	Scholarship
60) Primary	Fatimiyah School			
	Al-Murtaza School			Yes
	Ghulaman-e-Abbas			No
	Habib School			
	Qamar-e-Bani-Hashim			
	Any Other:			
61) Matriculation/	Fatimiyah School			
O Level or Equivalent	Al-Murtaza School			Yes
	Ghulaman-e-Abbas			No
	Habib School			
	Qamar-e-Bani-Hashim			
	Any Other:			
62) Intermediate/	Fatimiyah School	Pre Medical		
A Level or Equivalent	Adamjee Science College	Pre Engineering		Yes
	Government Commerce	Commerce		No
		Arts		
		Home Economics	-	
	Any Other:	Any Other:		
63) Graduation	1	1		Yes
	2.	2		No No
	3.	3.		
	4.	_ 4		
64) Post Graduation	1	1		
Levels	2.	2		Yes No
	3.	3		
	4	_ 4		
65) Professional/ Certification Courses				Yes
				No
66) Future Academic Edu	cation Plan	Yes No		
67) Have you attended an	y Maktab: Yes No	If Yes Please specify name of Inst	itution(s):	
Religious Educatio	nal Background			
68) Level	6	9) Books	70) Name of Ins	stitute



2) Disease & Health Problem		 Suffering Since 	74) Consulta	110	75) Clinic / Ho	spital		O) nei	reditary	
		,					- Ir	Yes		No
								Yes		No
							- F	Yes		No
								Yes	- H	No
					-			Yes		No
								les		NO
Sports										
77) What kind of Sports do yo	u like?	lndoor	Outdoor				7	76) Her	reditary	(
78) Sports you like most	Footbal	I Hockey	Cricket	Fable Tennis	Swimming	Basketbal		Badmir	nton	
	Squash	Snooker	Karate A	Any Other:						
79) Any Achievemnet										
Entertainment										
						Disk				
30) Type of your television Ne		Islamic Ca		able World					0	
B1) TV programmes you ike to Watch	Religiou		e Sports	Drama	News	Docur	mentarie	s 🗌	Come	ay
	Any Oth	ier:								
B2) Books you read	Islar	nic S	cientific 🗌 Fi	ction 🗌 N	on-Fiction	Any Other:				
B3) Do you visit the Library	Yes	No If	Yes pleas specify	name of Library	;					
B4) Newspaper you read										
- J Remopuper you redu	Engl	ish 🗌	Urdu [Gujurati	Sindhi	Any of	her:			
	Engl	ish	Jrdu [Gujurati	Sindhi	Any of	her:			
Names of the Newspaper		ish 🔲	Urdu [Gujurati	Sindhi	Any of	her:			
Names of the Newspaper					Sindhi	Any of	her:			
		Daily	Jrdu [Gujurati	Sindhi	Any of	her:			
Names of the Newspaper B5) How often you use the int	ernet	Daily [Weekly			Any of	her:			
Names of the Newspaper 35) How often you use the int 36) Do you work for a	ernet	Daily [Weekly	Monthly		Any of Any of 89) Period (S)		
Names of the Newspaper B5) How often you use the int	ernet	Daily [Weekly	Monthly					 	ekly
Names of the Newspaper 35) How often you use the int 36) Do you work for a	ernet	Daily [Weekly	Monthly		89) Period (S	elect One	thly [Wee	
Names of the Newspaper 35) How often you use the int 36) Do you work for a	ernet	Daily [Weekly	Monthly		89) Period (S Yearly Yearly	elect One	thly [thly [Wee	ekly
Names of the Newspaper 35) How often you use the int 36) Do you work for a 37) Name of Organisation	ernet	Daily [Weekly	Monthly		89) Period (S	elect One	thly [thly [ekly
Names of the Newspaper 35) How often you use the int 36) Do you work for a 37) Name of Organisation Dependents Informati	ernet	Daily [Weekly	Monthly		89) Period (S Yearly Yearly	elect One	thly [thly [Wee	ekly
Names of the Newspaper 35) How often you use the int 36) Do you work for a 37) Name of Organisation Dependants Informati 30) No. of Dependents	ernet	Daily [/Religious org	Weekly	Monthly Yes No Hours you Spend		89) Period (S Yearly Yearly Yearly	elect One Mon Mon	thly [thly [thly [Wee	ekly ekly
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Names of the Newspaper 35) How often you use the int 36) Do you work for a 37) Name of Organisation Dependants Informati 30) No. of Dependents 31) Name of Denpendent 31) Name of Denpendent 32) Documents Attack	on eed	Paily [/Religious org	Weekly anisation 88) Numbers of pendent's relationsh	Monthly Yes No Hours you Spend	93) CNIC / Form	B No.	elect One Mon Mon	thly [thly [thly [thly [4) Whe] Yes] Yes] Yes] Yes] Yes	Wee	ning lo lo lo lo lo lo
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APPENDIX 2	4) I can speak, read or write:
Sample questionnaire	English
COHORT 1965-1979 - Generation X 1980-2000 Generation Y 2001-present - millennial –	 ○ French ○ Gujarati ○ Urdu / Arabic / Farsi / Other
	5) Check that applies:
1) I am a:	I was BORN in the country where I live
Male	Other
○ Female	6) Family structure involves:
2) I fall in this age range:	Mother + father + siblings
13-16	O Mother + father
16-19	Father + siblings
<u>0</u> 20-24	Mother + siblings
O 25-29	Seather only
	Mother only
 My country of residence is: India 	Step-parents (one parent or both)
0	Foster parents (adopted)
O Pakistan	Not applicable
⊖ Africa	Other
N America	7) What educational institution do you
South America	currently attend?
Australia & NZ	0
Other	College
	O University/ Hawza
	Not applicable (working/dropped out)



	1	2	3	4	5
8) I get along with other people	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
9) I can tell my parents the way I feel about things	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
10) I get peer pressured to do things I don't want to do	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
11) I have tried smoking/drugs because my friends have asked me to	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
12) I have tried alcohol at parties	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
13) I can talk to my family about alcohol/drugs	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
14) It is hard for me to make friends	\bigcirc	\bigcirc	\bigcirc	0	\bigcirc
15) I like to do activities with my family	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
16) I prefer to be with my friends	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
17) I am respected by my peers	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
18) I respect religious scholars	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
19) Smoking fits in with the lifestyle I want to lead	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
20) I care about what my parents think	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
21) I listen to my parents	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
22) I get into arguments with my parents often	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
23) I argue with my siblings a lot	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
24) My siblings and I can talk about school, friends personal problems and issues	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0



The World Federation of KSIMC - Triennial Conference 2014

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0	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	ne O		Ine I	



pertaining to the my Jamaat

41) I regularly attend conferences / seminars / workshops to increase my knowledge about Islam	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
42) I find most Islamic conferences / seminars / workshops boring	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
43) Speakers at most conferences / seminars / workshops are youth-friendly and addressing my concerns	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
44) I like to volunteer for events/organizations other than those of the Muslim community (food bank, hospitals, etc.)	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
45) I think voting and political participation is important for Muslim youth	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
46) I try to vote in every election	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
47) I want to be a better Muslim	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
48) I am proud to identify myself as a Muslim	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
49) I think the society I live in is very friendly to Muslims	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
50) I have experienced anti-Muslim speech / Islamophobic harassment as a Muslim growing up in my country	\bigcirc	\bigcirc	\bigcirc	0	0

51) I face the following challenges as a young Muslim (Please rank 1-20 the following list of challenges in order of importance / relevance to you. 1 is the MOST important to you and 20 is the LEAST important):

Negative peer pressure	
Identity crisis	
Conflict with parents	



Struggle to stay modest	
Struggle to practice Islam	
Hyper-Sexualization of media	
Getting married	
Stress, Depression & Suicidal Tendencies	
Alcoholism & Substance Abuse	
Islamophobic (anti-Muslim Hate)	
Racism / Discrimination	
Career choices	
Violence & bullying	
Extremism & radicalization	
Ghettoization / isolation	
Unfriendly Masjids & Islamic institutions	
Irrelevant, boring majlises & Islamic Schools	
Lack of guidance, mentorship & counseling	
Lack of youth groups & programs	
Lack of halal recreation / fun	

52) I watch television for:
0 hours per day
1-2 hours per day
3-4 hours per day
5+ hours per day
Other

- 53) I listen to the following types of music (Select all that apply)?
 - Nasheed (Islamic songs) with instruments
 - Nasheed (Islamic songs) without instruments
 - Country/folk
 - Cultural music (Arab, Indian etc.)
 - I do not listen to music
 - Other

54) My method of communication with friends is (Please rank 1-5 the following in order of preference, 1 being the most preferred):

Physical meeting	
Phone call	
Email	
Text messaging (SMS)	
Facebook Twitter	

55) My sources of learning Islam are (Please rank 1-13 the following in order of preference, 1 being the most preferred):

1. Islamic school / Quran teacher	
2. Parents	
3. Siblings	
4. Self-Study (Books / Islamic literature)	
5. Periodic Islamic seminars / workshops	
6. Regular Islamic courses	
7. Regular youth groups	
8. Email newsletters	
9. Online articles / e-books	
10. Online classes / webinars. YouTube videos	

	11. Friday sermons (Khutbas)
	12. Annual conferences
	13. Regular Majlises & Jashans
56)	I want to develop my Muslim identity through: Educational programs (conferences, classes etc.)
	Youth groups
	Arts
	Expressive events (speech / poetry / singing competition etc.)
	Sports
	Volunteering for community organizations
	Not Interested
	Other
57)	Answer this ONLY if you are a FEMALE (Select all that apply): I do not wear Hijab at all
	I do not wear Hijab at school / work only
	I wear Hijab all the time
	I wear Hijab only at a Mosque / at Islamic gatherings
	I wear Hijab only in front of my parents
	I don't think Hijab is mandatory and applicable today
58)	The last time I visited a Masjid (mosque) was: 1-3 days ago
0	last Thu/Friday (Juma)
0	2 weeks ago
0	1 month ago
0	2 months ago
0	3 months ago



O last Eid prayer				
at someone's funeral prayer				
at someone's wedding / party				
more than a year ago				
with my parents as a child				
Onever				
Other				
59) I do not pray daily prayers because (Select all that apply):				
I do not want to				
I am lazy				
I don't see anyone else praying				
I don't think daily prayers are mandatory and applicable today				
I do pray so this is not applicable				
60) Please choose the response that applies: During the past 2-3 months, I felt sad/depressed/down for more than TWO WEEKS in a row.				
No				
IF YES THEN PLEASE ANSWER THE FOLLOWING:				
61a) I coped with depression / sorrow as follows (Select all that apply)?				
I increased my Salah (prayers)				
I read / listened to Quran				
I read a self-help book				
I read articles on dealing with depression / sorrow				
I watched an online lecture on dealing with depression / sorrow				
I consulted an Imam / Muslim leader				



I consulted a Muslim counsellor
I consulted a non-Muslim counsellor
I called a helpline
I consulted my teacher
I consulted my parents
I consulted my friends
I informed everyone about my depression through Facebook
I avoided social gatherings
I contemplated suicide
Other
62) If I were at a party and my best friend offered me something I didn't want, such as cigarette, drugs, or alcohol, it would be:
Very difficult for me to say NO
Difficult for me to say NO
Easy for me to say NO
Very easy for me to say NO
63) I smoke / drink / do drugs:
C Yes

No If YES _____

63a) I smoke cigarettes / shisha / alcohol / drugs because (Select all that apply):

	0	f social	ga	atherings	
	it	is a str	es	s relieve	r
-	•.				

- it is a part of my routine
- of cultural influence
- of influence from friends
- not applicable

O	ther	

- 63b) I smoke cigarettes/shisha daily this many times:
- None
- 1-5
- 6-10
- 11+

63c) If my friends found out that I smoke / do drugs / alcohol, they would:

- Approve
- Disapprove but still be my friends
- Disapprove and not be my friends
- Not care about anything
- Not care if I smoke, but would disapprove if I drink or do drugs

63d) If my parents found out that I smoke / do drugs / drink, they would:

- be extremely upset
- be somewhat upset
- be not be upset
- Not care about anything
- Not care if I smoke, but would disapprove if I drink or do drugs

64) I do Taqlid of

- Ay Sistani
- 🔄 Ay Khamenei
- Ay Nasir Makarim
- Other Name
- Don't consider Taqlid necessary