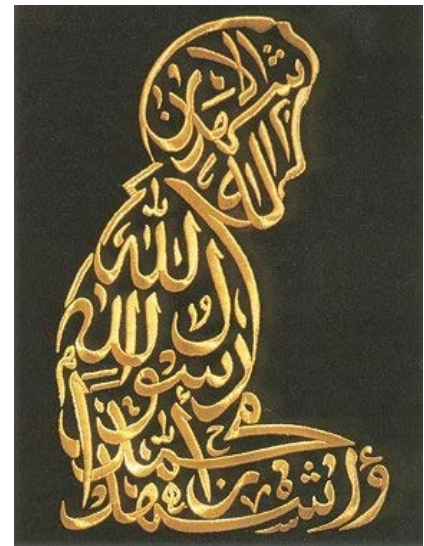


Salaat

A presentation by the resource team of
Az-Zahraa Madressah

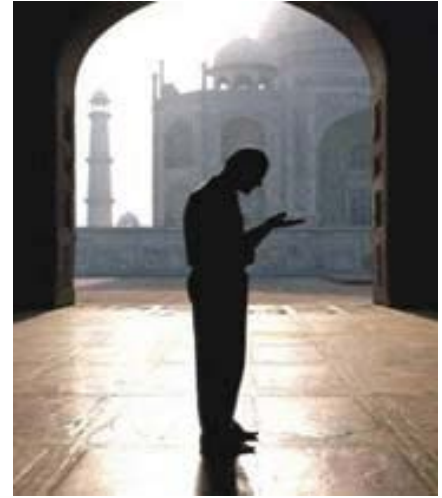
Importance of Salaat

- ▶ Imam Baqir (a.s.) said: “On the Reckoning Day, the First Thing that a servant will be reckoned for is the prayer; therefore, if it is accepted, the rest (good actions) will be accepted, too, (otherwise, his other good deeds will not avail him.)”



Actions of Salaat

- ▶ Importance of Salaat
- ▶ Takbiratul Ihram
- ▶ Qiyam
- ▶ Ruku
- ▶ Sajda
 - 7 things that touch the ground
- ▶ Julooos (sitting)



Takbiratul Ihraam

- ▶ Performed in the beginning of Salaat
- ▶ Hands have to be by your ears
- ▶ Allahu Akbar is recited loudly



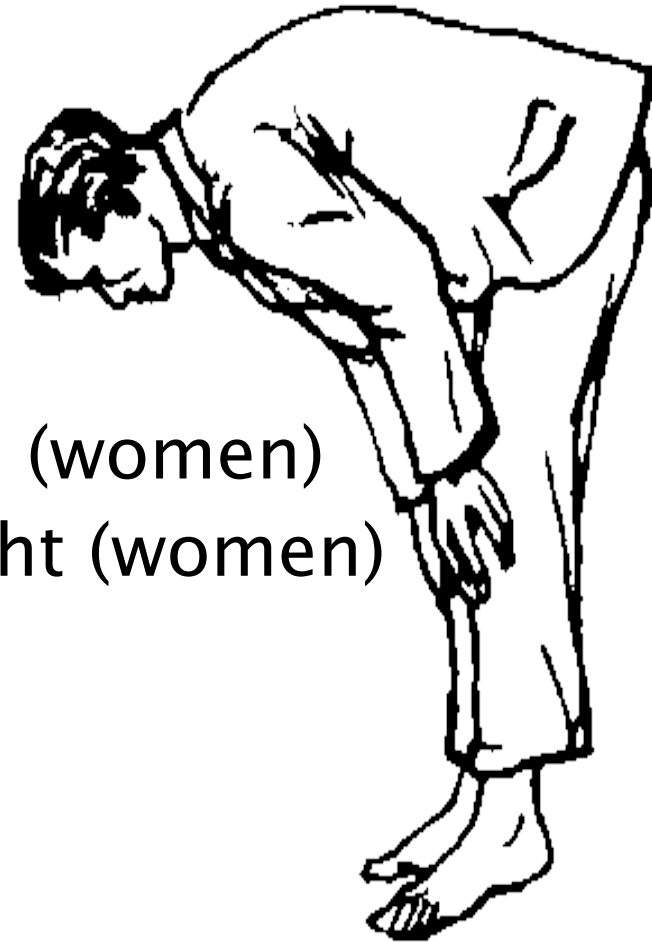
Qiyam

- ▶ The standing up position
- ▶ Eyes looking at your Mohr
- ▶ In first two rakaats Qiraat (surahs) is recited
- ▶ In final two rakaats dhikr is recited
- ▶ Hands have to be by your sides
- ▶ Feet have to be apart (men)
- ▶ Feet have to be together (women)



Ruku

- ▶ Literally means bowing
- ▶ Your legs have to be straight
- ▶ Eyes on your feet
- ▶ Hands on your knees (men)
- ▶ Back has to be straight (men)
- ▶ Hands have to be above knees (women)
- ▶ Back doesn't have to be straight (women)



Sajdah

- ▶ Means Prostrating
- ▶ 7 things need to touch the floor when in Sajdah

1. Forehead

2/3. Both Big Toes

4/5. Both Palms

6/7. Both Knees

- For women to keep elbows on the floor
- Back has to be straight (women)



Sitting

- ▶ Eyes on you Mohr
- ▶ Hands on your thighs
- ▶ Recommended right foot over left
- ▶ Knees slightly apart (men)
- ▶ Knees together (women)

