

Matching - SELECT **ONE** STATEMENT AND **ONE** ANSWER

- This is the state of mind you should strive to achieve after completion of Prayer:
- One who offers two units of Prayer with this end-result, he does not finish the prayer without God forgiving him every sin that there is between him and God:
- The third verse in the Chapter of al-Hamd means:
- Reciting Prayer in the following proper manner will win your attention and make your efforts in maintaining attention a lot easier:
- The following is necessary in a person who wants to achieve the highest level of concentration in Prayer:
- With alternate recitations and by reciting different chapters of The Qur'an, different supplications and different forms of glorification in your Prayer, your brain will avoid these hurdles that lead to inattention:
- This is highly recommended before every Prayer:
- This will create in you desire to perform even better in Prayer:
- The following reason made Ali, son of Al-Husayn (AS)'s color change whenever he stood for the Prayer:
- Tranquility in Prayer means:

Munkar and Nakeer

Tired and exhausted

Remembrance of Allah

Erect posture

Point of your prostration

Place the scroll of your deeds in your right hand

The person is not tired of remembering Me

Increasing your attention and concentration in Prayer

Alert and relaxed

Piety

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- Stress:
- This will bring much more vigilance in your Prayer:
- Your life is bound to become stressful if you have:
- Stress can be dissipated through an effective:
- To improve your concentration in Prayer, this is recommended daily in the morning and evening:
- This is part of wisdom; a sign of every virtue; the way of the devotees of Allah, because Allah likes it. It is the style of The Prophets (AS), and the habit of the chosen people:
- Having this quality would hardly commit you to speculation, backbiting, pride, mockery, lying, etc. This way, you have less to think about and less thoughts to interrupt you in your Daily Prayer:
- Allamah Tabai (AS) says that he has witnessed its most precious effects after practicing this quality for forty days and nights, until attaining purity and enlightenment:
- The following is one of those matters with regard to which people go to extremes and, of course, mostly towards excess:
- This is a major cause of inattention in Prayer:

Silence

Less control over your events in life

Less stress

Over-eating

Relaxation and Meditation exercise

Thinking before you talk

Talk little

Increases your blood pressure

Eating

Deep breathing exercises

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- This is recommended before Prayer:
- This is recommended before Prayer:
- Sadness brings about:
- Wisdom, heart's tranquility, nearness to Allah, continuous grief, righteous talks, thriftiness, indifference at the time of ease, and hardships, are the characteristics acquired by Allah's servant as a result of:
- This is the primal source of mental alertness:
- During this process, your body will decompose and burn those cells and tissues which are diseased, damaged or dead and responsible for accumulating toxins in our body and brain:
- During this process, the cleansing capacity of the eliminative organs - lungs, liver, kidneys and the skin - is greatly increased, and masses of accumulated metabolic wastes and toxins are quickly expelled:
- This will drive Allah's love out of your heart and make it dark until you forget Him:
- One's attraction to this causes the worshipper's attention to these transient things during Prayer:
- This world is cursed:

Fasting

Relieve your hunger and thirst

Love of the world

Hunger

Relieve yourself by going to the bathroom

Disapproved world

Fasting

Revolution of the soul

Fasting

Love of the world

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- The Approved World is:
- The Approved World is:
- According to al-Khumeini (AR), the principal way of taming it (evil desires) is to:
- The daily practice of this remembrance will help you in your prayer:
- Remembrance of death prevents you from:
- Remembering death:
- Remembering death:
- The good visitor, the most sweet-scented of all people, of most beautiful appearance and wearing the most adorned apparel in your grave will be your:
- In your grave, the questions asked are:
- While in Ruku (bending position) the gaze of the person who says his Prayer should be:

Committing evil acts of disobedience

What is your Religion?

The shrine of worship for those who love Allah

Between his two feet

Act to its contrary

Strengthens a man's heart

Suppresses the evil of greediness

Good actions

Death

The abode of truth for him who appreciates its truthfulness